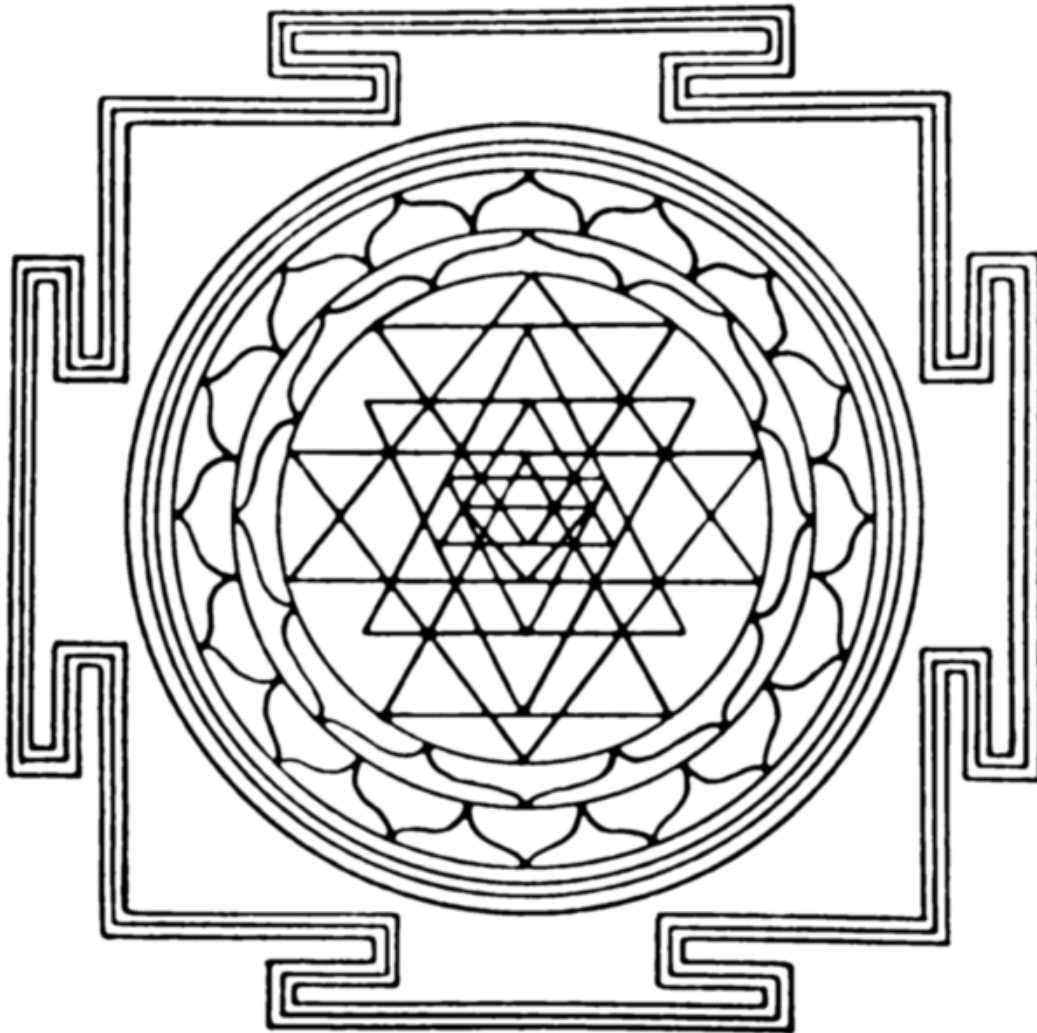




Project:Yourself  
Reality Bending

# How to create anything with the symbol of everything



Discover why this mysterious 12,000-year-old Sri Yantra symbol is revered by scientists and mystics alike - and how it holds the key to awakening your superhuman creation powers.

*"If you want to find the secrets of the universe, think  
in terms of energy, frequency and vibration."*

—Nikola Tesla

My name is Amish Shah. I'm an entrepreneur, spiritual explorer, loving father and what some people would call a 'Reality Hacker'.

My wife Dr. Puja Shah and I are the founders of Project:Yourself: a global human potential movement with over 100,000 members worldwide - of which you are now part of.

The reason I created this mini book is to show you how at the age of 34, I and my family are enjoying the kind of personal fulfillment, spiritual clarity, wealth and freedom that many people aspire to.

Please trust me when I say this is an ego-less statement.

I bring it up only so you can understand the possibilities within what I'm about to show you.

In this digital book I'm going to reveal a 12,000-year-old ancient technology that I believe has been almost solely responsible for every blessing in my life - including a deep dive mind exercise that will help you experience its power firsthand.

And just like it has for tens of thousands of people in the Project:Yourself movement (or 'Projectors', as I call them), I'm certain this ancient technology could also mark an extraordinary turning point in your life - especially if you wake up on most mornings with a vivid awareness of any of the following scenarios:

- You've plateaued or you know you could do better in a certain area of life - whether it's your job, business, love life or health - and you're searching for a springboard to easily and enjoyably reach that elusive next level.
- You have a nagging feeling that you're not living up to your potential or purpose - and that years from now, you will regret not having taken decisive action when you were younger.
- There is a very specific and stubborn challenge or personal shortcoming that you can't seem to solve - and its looming shadow isn't just keeping you awake at night, it's even tainting your daily routine!
- You know you have unique gifts that could make a difference in the world, and you're determined to find platforms and people that can help you channel these gifts towards your community and loved ones.

**But whatever path you're on... I know the real reason  
you're not yet where you need to be**

The fact that you're reading this document tells me you and I are pretty similar.

I bet that just like me...

- You see life as an exhilarating journey of self discovery. One where we are each responsible to dive deep within ourselves, connect with our infinitely powerful unique gifts... and use those gifts to enrich our time on this planet.
- You realize we live in a transforming world, where the old, rigid rules driving business, lifestyles and entire social structures are slowly being replaced with holistically refreshed models of reality.
- You already have your own set of conscious mind-body-spirit practices for accessing the infinitude within yourself and playing your role in this brave new world.

Maybe you set goals. Maybe you meditate. Maybe you use visualization, or NLP, or self-hypnosis, or yoga, or maybe you just look in the mirror every morning and remind yourself you're a sexy beast :-)

And yet even with these practices, perhaps you're still frustrated by how challenging (or even impossible) it is to create the exact level of abundance, success and fulfillment you want.

Yes, of course you've grown tremendously from where you were when you started. Yet your own negative thoughts and habits still trip you up a little too often. You still notice yourself progressing too slowly, and stress often weighs you down. External circumstances like the economy or 'bad luck' still get the better of you.

And even when you do get into that elusive state of flow, all it takes is a minor setback or speedbump to leave you once again frantically swimming against the current!

So here's the kicker: I know why this is happening to you. It's the same reason it happens to everyone who takes this journey:

**You have a vision of where you want to be... but you don't have a road map to guide you in the right direction.**

Think about it: football coaches have their little black playbooks. Detectives have their case files. Treasure hunters have a map with a dotted line paving the way to a big, red X.

But what's *your* game plan?

What's the glue that will hold together all your personal breakthroughs, all your conscious practices, and all the transformational wisdom you absorb every single day; the kind that would change your life if only you acted on it?

And once you've reeled in all this wisdom, how do you turn it into a rocketship that sends you hurtling unstoppably (and enjoyably) towards that empowered life you so deeply desire?

The answer to all this is precisely what I want to share with you. And to help you understand it...

## **I need to take you back to when I was a kid getting in trouble with the law.**

I was a curious kid growing up in a not-exactly-wealthy Jersey family. In fact I was so curious that even before my age hit double digits, I had become obsessed with death... just because I wanted to know what was on the other side!

And by the time I was 16, when most other kids were playing videogames and annoying their neighbors with garage bands, my curiosity lured me into the forbidden world of computer hacking.

I spent quite a few years hacking into government and multinational websites, just for the thrill of it!

Reality, though, finally caught up with me on a sunny April afternoon in 1996... when government officials in bulletproof vests swarmed my family's suburb home, and arrested me on 19 charges of illegal hacking.

## **But it's what the judge told me in the courtroom that has stuck with me to this day...**

*"The kids that come in here are doing drugs, stealing stuff, getting into fights," I remember him saying as he looked down at me.*

*"They're bad kids... but you, you're different."*

*"And if only you could use your power for good... you could change the world."*

Boom. That's when the biggest realization of my life dawned on me:

## **Why just hack computers, when I could hack into life itself... and reprogram reality for the better?**

And so after honoring my community service, I became increasingly obsessed with studying the practices and habits of people who consistently broke the rules of possibility.

I dived into the lives of historical icons like Da Vinci and Shakespeare... serial entrepreneurs like Sir Richard Branson... billionaires like Warren Buffett and the Rockefeller family... spiritual titans like the Dalai Lama and Paramahansa Yogananda... even cultural icons like Bruce Lee and Jay-Z... all so I could understand if there was a replicable method to their unreal success.

I even spent hours every night poring over ancient scriptures like the Bible, The Torah, Abrahamic holy books, the Bhagavad Gita, the Vedas, the Mahabharata, the Yoga Sutras... and even esoteric books by ahead-of-their-time thinkers like Napoleon Hill, Buckminster Fuller and Nikola Tesla.

With this timeless wisdom as my guide, I plunged myself into the natural phenomena, mysterious human abilities and ancient technologies that straddle the line between the worlds of hard science & metaphysics...

And that could supposedly unlock hidden abilities in normal people like you and I.

**Yet what amazed me was that for some reason, most people know nothing about these powerful forces that control reality. Nor are they taught in schools. Even the media doesn't cover them!**

And when I began piecing all this stuff together, I began pulling off things even I can't fully explain. For instance...

- At age 17... I owned two businesses and had my first out of body experience
- At age 19... I found my soulmate and got a \$120,000/year job
- At age 23... I got a \$253,000 check from Google for just setting up and messing around with some websites
- At age 25... I made my first million dollars through affiliate marketing
- At age 27... I taught myself how to speed read
- At age 29... I held my first seminar that brought in over \$800,000 in sales
- At age 30... I did my first online marketing launch that made over \$5 million in under 7 days

- At age 31... I began getting 'downloads' of intuitive wisdom and mind-blowing solutions as I meditated
- At age 31... I moved into a 5,000 sq. ft. house overlooking the ocean
- At age 32... I transformed my body by losing over 18 lbs and dropping over 100 points of cholesterol
- At age 32... I founded Ancient Explorers: my own nonprofit org. committed to digging up the secrets of ancient civilizations and archaeological sites
- And by age 33... this Project:Yourself movement I started with Puja had grown to nearly 100,000 members worldwide, each person as passionate as we are about awakening their deepest potential!

**But I'm not really smarter or luckier than you... I was simply able to find a number of specific 'Reality Hacks' for projecting my greatest life into existence**

What are 'Reality Hacks'? They're the name I've given to these tools, abilities or phenomena that straddle the line between hard science and intangible spirituality... and expose the gaps in our widely accepted version of reality.

Then, once you find these gaps, you're able to reach into the fabric of reality itself, and bend it towards your will - whether you're seeking a burst of otherworldly creativity or intuition. A solution to a tricky problem at work. Or even a 'weird' coincidence like a chance encounter with an old friend on the street.

Think of it like re-tuning your 'spiritual radio' for picking up positive outcomes and energy... while tuning out negativity and unwanted static.

If you're like most people, you've been unknowingly triggering certain Reality Hacks from the day you were born.

But once you know how to identify them and **consciously** harness them... well that's when you'll see transformational results.

## **A superhuman in all of us? Really?**

I'm not the first and I'm definitely not the last person to believe it. Way back in the 1800s, legendary thinker and writer Ralph Waldo Emerson led a movement known as Transcendentalism.

In a nutshell, Transcendentalism is about realizing that the key to your full intellectual and spiritual potential is by conditioning yourself to become self-reliant by acknowledging your inner greatness. In Transcendentalism, the concept of God is actually something that resides in all of us, because collectively, we are ALL divine.

Amazing things happen when you embrace this universal truth, and start tapping into these 'divine' powers. Trust me (and Ralph).

**A word of warning: these Reality Hacks I speak of are unlike any sort of plain vanilla success strategies you'll find in your local bookstore...**

Nor do they resemble any of the woo-woo, rehashed Law of Attraction hype from *The Secret* and its countless clones...

And nope - they're not like any sort of hyped up scientific discoveries you might see in the pages of *Popular Science* either.

In fact, most people don't even know they exist! (*Which explains why only a privileged few are using them for extraordinary results...*)

Some of them are known as...

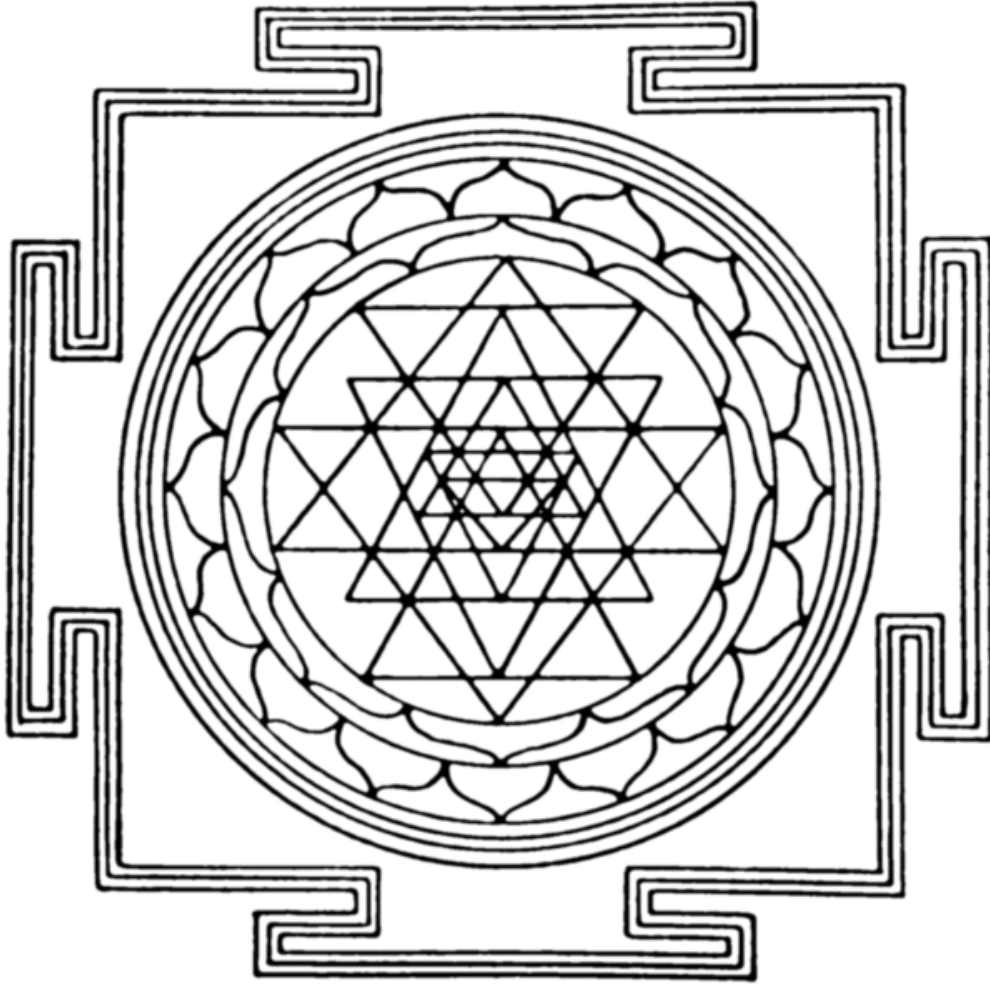
- **Sacred Geometry**
- **Heart Intelligence**
- **Quantum Mechanics**
- **Spiral Breathing**
- **Lucid Dreaming**
- **Astrology**
- **Food Programming**
- **Planetary frequencies**
- **Chanting**
- **Chakra Powers**
- **Brainwave Entrainment**
- **Sexual Transmutation**



I'm positive you've at least heard about - or maybe even tried - some of these tools.

What you may not know, though, is what they're really capable of. And in this report, I want to show you the biggest, most powerful Reality Hack of them all...

**The world's most important Reality Hack is hidden in this 12,000-year-old symbol:**



This is the **Sri Yantra**: an ancient geometric tantric ritual drawing used for centuries for meditation, concentration and creating a person's desired outcomes.

*Yantra* in Sanskrit means "Power Diagram". *Sri Yantra*, therefore, translates as "King of Power Diagrams". The common English translation is "Instrument of Creation"

This enduring symbol is observed in Hindu, Buddhist and tantric traditions as an individual's gateway to liberation and the understanding of the entire universe.

Yet its power is not just validated by mystics and spiritual practitioners - but also by modern-day researchers and scientific experiments.

In fact the very nature of this symbol represents the balanced union of spirituality and science - a place where you will uncover your highest potential as a professional, a lover, a problem solver, a visionary, a creator, and a human being.

**I first began studying the Sri Yantra not long after the hacking incident, when I found it printed on the page of a book my mom had brought back from India.**

A few short weeks after meditating on it, my father, who had been out of a job for 3 years, finally found one. Call this coincidence if you will - but I chose to take it as a sign that there was more to this mysterious symbol that meets the eye...

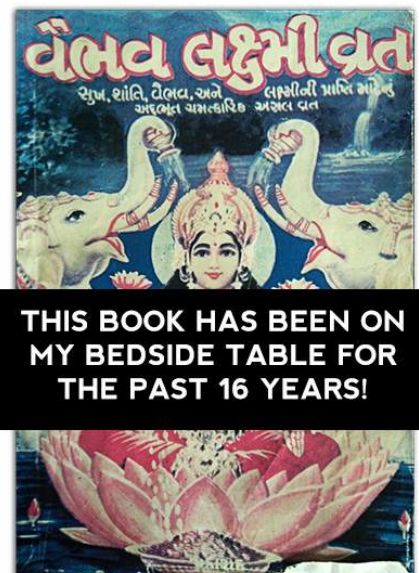
Since then, after hundreds of hours of deep meditations using the Sri Yantra, I've come to appreciate it as more than just a symbol.

Because I've discovered how to interpret the Sri Yantra as a key for piecing together every other Reality Hack in existence, like a jigsaw puzzle...

And merging them into one lean, foolproof 'game plan' (or roadmap, if you like) that anyone can use to bend reality and create their greatest life. As accurately and reliably as Swiss clockwork.

When I say *anyone*, I mean it - no matter what your personal goals are, what spiritual beliefs you have, or what level of experience you have with mind-body-spirit tools.

Has this always been the Sri Yantra's true purpose? I can't say for sure. But as you're about to see - and as countless studies and reports seem to prove - there are certain characteristics within this symbol that make redefining your reality as straightforward as switching on a light.



## The history of this “Instrument of Creation”

Since before recorded history, monks and yogis have used the Sri Yantra as the centerpiece of their ancient meditative and manifestation rituals.

They will start by meticulously drawing each level of the Sri Yantra onto either sand or paper.

Then, as they draw each level, they focus their full intention on their desired outcome, and how these levels contribute to that outcome.

The source of the Sri Yantra’s power to change your life and bend reality lies within these levels - and that’s what we’re going to explore in the next few lines.

**Fascinating fact:** The potency of the Sri Yantra was put into question during ancient times, when the masses were more accustomed to meditating with idols and images of deities. To fix this problem, the monks and yogis of the time ‘infused’ the Sri Yantra with visual elements of such idols. Problem solved!



## **The astonishing scientific validation behind the Sri Yantra's potency**

What sets the Sri Yantra apart from most other metaphysical tropes is the staggering amount of convincing scientific evidence that support the claims of its otherworldly power.

For instance...

**1. An EEG study by Russian scientists at Moscow University found that the Sri Yantra can induce a meditative or hypnotized state of mind - just by looking at it.**

*Source: Biology Faculty of Moscow University, October 30, 1987*

**2. In his paper Art as Technology, award-winning artist Bill Witherspoon offers a detailed account of how drawing the Sri Yantra symbol in an Oregon crop field increased its yield, soil fertility and plant nutrients.**

*Source: John Hopkins University - Project MUSE digital library*

**3. In 1997, an Indian researcher by the name of RKS Muthukrishnan used fractal mathematics to deduce that the Egyptian Pyramids were engineered with the exact same angular measurements as the Sri Yantra.**

*Source: The Hindustan Times Oct, 28 1997 - Pyramidal Facts page no. 13*

**4. Renowned American physicist Dr. Patrick Flanagan calls the Sri Yantra "the king of power diagrams", and describes its energetic effect as seventy times greater than that of a pyramid construction.**

*Source: Research paper by Marcus Schmiede featuring Dr. Flanagan's findings*

But how can the Sri Yantra help you on a personal level?

Over the past few years, I've been studying ancient texts and modern scientific studies - like the ones above - that aim to deconstruct and explain the transformational power within each element of the Sri Yantra.

This is how I've arrived at what I believe is the best plain English interpretation of how to effectively infuse your life with its gifts.

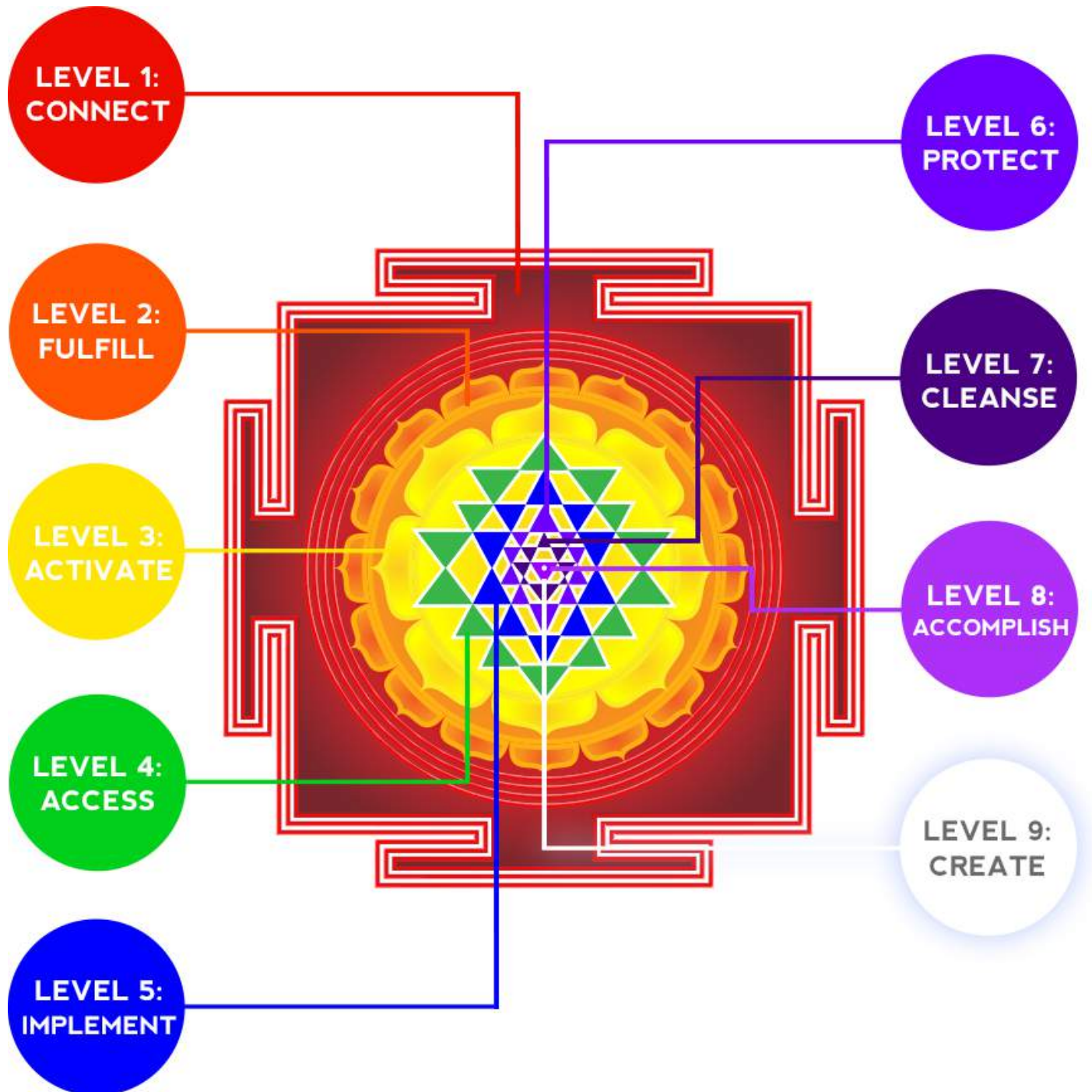
The conclusion is that every positive force, natural phenomenon and law you can tap into to create otherwise "impossible" outcomes in your life... can be divided into 9 levels embedded within the Sri Yantra itself.



In other words, this symbol is a mind-body-spirit game plan for realizing your greatest life - once you know how to unlock its power.

This is why I've chosen to use it as the framework for your journey through this material.

And don't worry - thanks to the miracle of printing, you don't need to know how to draw it! You just need to get acquainted with its levels, so you can focus your intentions on each of them as you intend to create a specific outcome in your life:



**Level 1. Connect** - The first level of the Sri Yantra is about using your mind to understand your innermost self and learning how to be truly present. The power of this level is in preparing your mind to get your deepest desires by drawing on the powerful forces of forgiveness, gratitude, positivity and good ego within yourself.

**Level 2. Fulfill** - The second level helps you discover true fulfillment and gets down to the nitty-gritty of what you really desire and what will really make you happy at your core. It's about mastering your desires, and channeling your sexual energy into creating the passionate, fulfilling life you crave.

**Level 3. Activate** - The third level is about focusing on what you need to do to get what you desire. This is where you can harness the unseen forces of autosuggestion, eating and exercising right, and an advanced breathing technique known as spiral breathing to influence the deepest recesses within you.

**Level 4. Access** - This one's all about getting to the bottom of who and what you need to get what you desire. It empowers you to access the vital force of your own enthusiasm and heart to energize yourself into action.

**Level 5. Implement** - The fifth level is about diving deep into discovering who you need to implement your wishes. Although there's a lot of power to be accessed within yourself, as we've all heard before, "no man (or woman) is an island." Here you'll uncover how positive intentions can bring about tangible results and how a change in your frequency can literally change your reality.

**Level 6. Protect** - The sixth level is about protecting yourself as you're going after what you want. Here you'll get a counterintuitive insight into how knowing your weaknesses and being fearless and persistent will keep you from being knocked back down as you dig deeper and deeper into creating what you desire.

**Level 7. Cleanse** - This one's about overcoming your existing blocks and cleansing both mentally and physically. On a mental plain, you can control your subconscious mind and reprogram it through lucid dreaming, as well as put the little known power of sacred geometry to practical use. On a physical level, you can literally "program" your food to obtain change in your body at a cellular level.

**Level 8. Accomplish** - Level eight is about simply knowing what you need to accomplish to be happy. Although 'simple' at it's core, getting there will have you going beyond your five senses and diving deeper into the depths of your beliefs and accessing your sixth sense.

**Level 9. Create** - Level nine is creation time! Here you get to the crux of what makes you happy, diving into some really intense stuff like quantum mechanics and exploring the unknown depths of Astrology. At this point you're literally standing at the "gateway to creation" and tapping into the Universe at an Astral level.

**Now that you know the meaning of each level, there are  
4 more steps to completing your journey:**

**Step 1 of 4: Download these images of the Sri Yantra.**

I've provided the full color one depicted in the infographic above, as well as a black & white one:

[Download Full Color](#) or [Black & White](#).

Print it out, and place it in the most eastern section of your office, home, or temple. Position it so that it is facing North or East. Meditating on this powerful symbol at least once a day, even if you just look at it for 10 seconds, will yield positive results in your life.

**Step 2 of 4: Answer the following questions to prepare for an immersive  
Deep Dive mind exercise into the layers of the Sri Yantra itself.**

I'm about to guide you through a Deep Dive mind exercise that will align you with the power of the Sri Yantra. To get the most out of this exercise, invest a few minutes in yourself by answering the questions below. (Even short answers will make a noticeable difference.)

Each of the questions corresponds with a level of the Sri Yantra. By preparing your answers before we start the mind exercise, you'll be ready to receive deep insights & clarity which will align you with your greatest potential and purpose.

Please allow yourself to move quickly through these questions; knowing that this mind exercise with the Sri Yantra will help refine your answers.

And remember, you can repeat this exercise to gain more clarity.

**INSTRUCTIONS:** You can print the worksheet pages out and fill in your answers using the space provided, or write them down in a notebook or on separate sheet of paper.

**Level 1. Connect - Do you really know what you want in life?**

Being completely honest with yourself, are you fully in touch with your inner-soul and your inner-self? Or, are you discontent with where you are in life and with what you have...do you feel unfulfilled?

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**Level 2. Fulfill - What do you desire...What do you REALLY want?**

Are you struggling to figure out ways to get by financially...craving financial liberation? Or, do you have everything you you want and are still feeling discontent? Is your health okay? Are you lonely for love?

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**Level 3. Activate - What do you need to do to make what you want happen?**

Do you need to make more money, meet the love of your life? At this level you need to be very specific as to what you actually NEED to make your dream life a reality.

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**Level 4. Access - Who or what do you need help from to access what you want?**

Do you feel like you need more creativity, education or experience to get you where you want to go? Do you need a coach, mentor, or trainer? Do you need more peace of mind? Attention to detail?

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**Level 5. Implement - What do you need to attract to actually implement what you want?**

Is there something or someone you need to attract into your life? Are there resources you're lacking and just don't know how to find?

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**Level 6. Protect - What protections do you need so you don't get knocked back down?**

What internal or external setbacks have been holding you back from your destiny? Is it insecurity, poor health, uncertainty...is debilitating loneliness keeping you from meeting your special someone? Maybe even good weather? Or perhaps you need protection from the technology that can destroy your business. It could be anything--be as broad as possible.

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**Level 7. Cleanse - What is affecting your life negatively?**

Do you feel you just can't get ahead, or meet the right person and can't figure out why? Is there negative energy, that you just can't put your finger on, blocking your way?...seemingly intangible forces keeping you from getting what you really want? It could be you need to stop smoking, or you need to stop treating someone bad. Or you need someone else around YOU to stop treating you a certain way...

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**Level 8. Accomplish - What would you need to accomplish to be truly happy? What current "reality" do you need to detach from in order to accomplish what you want?**

Are there any real or perceived obstacles getting in your way? What illusions are you shackled to? ...the belief that you aren't good enough, smart enough, pretty enough, handsome enough...skinny enough?

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**Level 9. Create - Are you completely clear, joyous, and stoked about what will make you the most happy?** ...to the point that you just can't contain yourself? ...without this certainty and positivity, what you want and desire will continue to elude you.

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### **Step 3 of 4: Experience a Deep Dive mind exercise that will connect you to the Sri Yantra and your superhuman potential.**

As we proceed through the mind exercise, you'll be directed to put your awareness on a specific part of your body, and to hold your answers above in your mind as we work our way up through the 9 Levels of the Sri Yantra.

Make a decision to focus and 'tune in' to your body as you're guided through this powerful exercise. You may notice various feelings arise such as a subtle quivering sensation in your hips or lower abdomen. You may also feel tingling sensations in your hands, a kind of buzzing sensation in your temples or forehead, and a subtle vibration throughout your body. Relax into it and just be open.

Emotions will likely arise within you, signaling that a heightened sense of awareness and healing are taking place. Try not to 'identify' with the emotions, but simply acknowledge them and gently bring your focus back to the sound of my voice and the intentions the exercise stirs within you.

***Let's get started...***

***Please set aside about 15 minutes of quiet time. Sit down in a comfortable position and click on the link below to experience the exercise when you're ready:***

[Click here to download an audio version of this mind exercise, which you can use from now on to realign yourself with the power of the Sri Yantra whenever you need a boost.](#)

### **Step 4 of 4: Project your greatest life into reality with the transformational power of the Sri Yantra**

What you've just experienced is a taste of the Sri Yantra's potency. But channeling its full power requires deep knowledge of all the moving parts that make up this magnificent universal creation machine.

There are ancient technologies to be mastered. Timeless truths to be learned. And dormant human abilities to be tapped into: each of which plays a crucial role in empowering you to enter a state of harmony with the world around you, and bend it to your will.

I've spent the past two decades of my life diving deep down this rabbit hole. Contending with countless dead ends. Wrestling with false leads. And eventually uncovering little-known wisdom that transformed my life forever.

If you had asked me as a kid whether I'd one day be blessed with everything I now have, I'd

have laughed at you.

And I believe with all my heart and soul that YOU can experience a transformation just as profound. Or even better.

My mission? To empower the planet with real, scientifically proven mind-body-spirit wisdom that **WORKS** - so each of us can overcome every obstacle, self-defeating belief, and ineffective personal growth or spiritual tool that has ever held us back.

Today Puja and I lead a growing global tribe of over 100,000, as we harness the Sri Yantra to project empowered realities into existence: both for ourselves and our loved ones.

The *Project: Yourself* tribe, as we are known, is passionate about making an immortal impact in every area of life. We cherish our relationships with our families, friends, communities and our environment. We strive for peak performance of our minds, bodies and spirits. And we believe that one inspired idea from a person or group is all it takes to change the world.

The fact that you've come this far tells me our purposes are aligned. YOU are already part of this tribe. And now, I invite you to keep diving deeper with us into your unique gifts, your breathtaking purpose, and your highest human potential.

**Look out for an email from us in the next day or two; we're sending you one of our most well-loved training videos that will guide you further into this 'Reality Bending' phenomenon.**

**Try our ENTIRE bestselling Project:Yourself home training course... for only \$1!**



\$1 gets you 10 days of unrestricted access, including all perks and bonuses. You've got until Sunday, August 9th at 11:59 PM PST to take us up on this rare deal.

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